



EBCC Gym Schedule

April 4th-10th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am	Open Gym						
6:00am	Sport Conditioning 6:00-6:45						
6:30am		Open Gym 5:30-8:30	Open Gym 5:30-9:00	Open Gym 5:30-8:30	Open Gym 5:30-9:00		
7:00am	Bootcamp 7:00-8:00					Open Gym	
7:30am						Drop-in Carve 8:00-9:00	
8:00am	Open Gym 8:00-9:00	Drop-in Boulder Lift 8:30-9:30		Drop-in Boulder Lift 8:30-9:30		Drop-in Carve 9:00-10:00	
8:30am			Drop-in Boulder Lift 9:00-10:00		Drop-in Total Body Fit 9:00-10:00		
9:00am	Drop-in Boulder Lift 9:00-10:00						
9:30am							
10:00am	Open Gym 10:00-11:00				EXPAND Friday Fun 10:00-11:30		
10:30am		Quad Rugby 10:30-1:30					
11:00am	Drop-in Pickleball 11:00-1:00				Drop-in Pickleball 11:30-1:15		Open Gym 8:30-2:00
11:30am							
12:00pm				Open Gym 9:30-4:15			
12:30pm					Drop-in Snr Vball 1:30-3:30		
1:00pm						Open Gym 10:00-6:00	
1:30pm	Drop-in Snr Vball 1:30-3:30	Open Gym 9:30-3:30					Drop-in Pickleball 2:00-4:00
2:00pm		Expand 3:00-4:00					
2:30pm		Drop-in All Ages Bball 3:30-5:00					
3:00pm			Open Gym 10:00-9:30				
3:30pm		Open Gym 4:00-5:00		Youth VBALL 4:15-6:00	Open Gym 1:15-7:00		
4:00pm	Open Gym 1:00-6:00	Expand 5:00-7:00		Gonzo Tennis 4:00-6:00	Expand		
4:30pm						Drop-in All-Age Bball 4:00-7:00	Open Gym 4:00-8:00
5:00pm							
5:30pm							
6:00pm	VolleyBall Free Agent Night 6:00-7:30						
6:30pm							
7:00pm		Open Gym 7:00-9:30		Open Gym 6:00-9:30	Drop-in Co-Ed Vball 7:00-9:15		
7:30pm							
8:00pm	Open Gym 7:30-9:30						
8:30pm							
9:00pm							
9:30pm							



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-441-4400 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)